

North Dallas/Park Cities Edition | FEBRUARY 2012

Our first Romance Issue!

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Dr. Richa Mittal, M.D.



Bridal Bliss

Say "I do!" to modern, vintage and romantic bridal fashions

MEDI-WEIGHTLOSS CLINICS PHYSICIANS

Changing the Lives of Many DFW Residents

Plus: Love note writing tips

SPANISH BELLY BLOAT:

How to de-puff in time for your Valentine date

Bathrooms that Beckon

Escape to your own private retreat

Futuristic Fat Reduction

A REVIEW OF THE
ZERONA LASER

BY ABBY HOFFNER

IT LOOKED LIKE AN EXPERIMENTAL ALIEN PROBE.

From my research I knew the Zeronas Laser wouldn't actually touch me, but the equipment, with its four spider-like adjustable arms sprawling about, looked intimidating. I eyed the machine suspiciously while my before measurements were taken and recorded.

"Now, you just lie on the massage table, put on the safety goggles and I will turn on the laser," Terry McBay of Juvanew Med Spa told me.

She'd been explaining the ins-and-outs of the Zeronas to me and, with over 28 years of nursing experience (though you wouldn't know it to look at her), quickly earned my trust. Obediently I followed Terry's directions and watched her adjust the extraterrestrial-looking arms into optimum position before starting up the lasers.

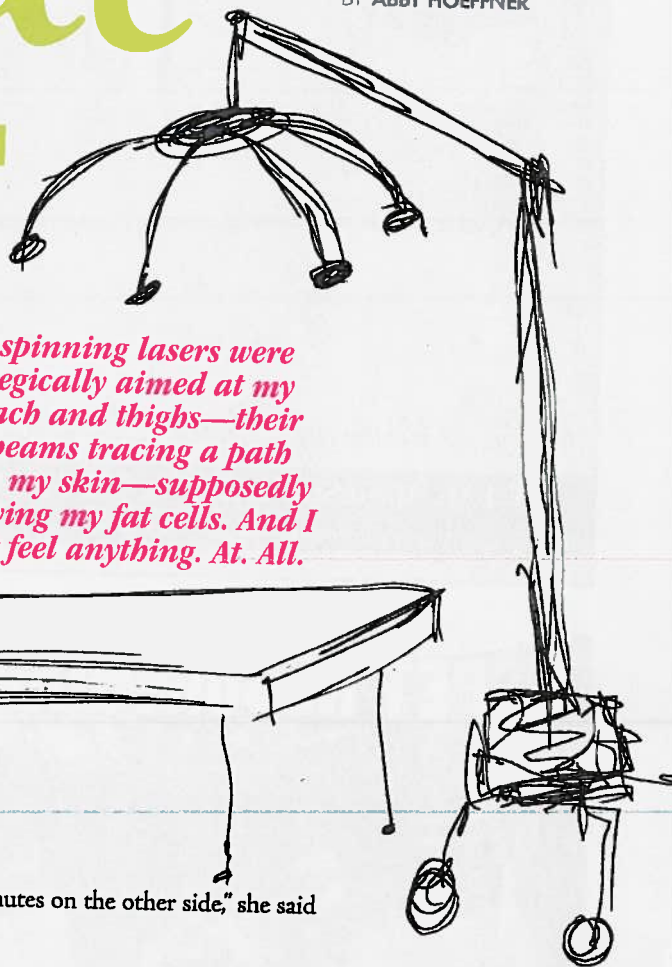
"I'll be back in 20 minutes for you to flip over and then we'll do 20 minutes on the other side," she said before walking out and gently closing the door.

I stared at the ceiling and waited to feel something. Anything. Five spinning lasers were strategically aimed at my stomach and thighs—their red beams tracing a path across my skin—supposedly liquefying my fat cells. And I didn't feel anything. At. All.

But I wasn't supposed to. See, here's how the Zeronas Laser works: The cold laser—which is code for "you won't feel anything"—thins the fat cell membrane, allowing the fat inside to escape. The fat is then used by the body for energy and/or purged as it would be in a regular detox. It's important to follow certain protocols (including drinking at least two liters of water a day) so the fat can be moved out of your system. Also, it's not a one-time treatment. I got to see the sweet ladies at Juvanew Med Spa every other day for two weeks, resulting in a total of six treatments.

I'm back now for my follow up measurements and I'm nervous. I'm pulling for my quad-armed laser friend who I spent so much time with. What if I didn't follow protocol exactly and the treatment isn't successful because of me?

Terry measures and the results are in: an overall loss of three inches in areas I needed it most. Plus, my skin is smoother—an added benefit I wasn't expecting. There's something to this futuristic fat reduction! ☺



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ZERONA NEAR YOU

Because of the every-other-day treatment schedule, a location close to your home or work is key.

ROCKWALL
Juvanew Med Spa
214.771.4611

NORTH DALLAS
Thin Centers
214.265.5511

EULESS
Thin Centers
817.510.1040